

## **A REPORT ON SEMINAR OF ISU3A HELD IN GOA BETWEEN 17-19 SEPTEMBER 2022**

### **Goa excursion and ISU3A Seminar: Peeing Out Of Memories**

The National Seminar of Indian Society for University of 3 Age (ISU3A), on 'Status of Senior citizens in India & their Role in National Building' was organized at Laxmi Empire Hotel, Madgaon Goa, on September 17-19, 2022. To represent the Central Zone of ISU3A, sixteen delegates, headed by Shri. V.K. Shukla, President of Bhartiya Varishth Nagrik Samiti (BHAVANA), Lucknow, departed from Lucknow to Goa, on 15th September, 2022 and returned back by 18th September, 2022. The weather forecast of heavy rain was a little bit of stress to one and all. By the strong will power of all senior citizens, scenario changed-

**MAUSAM KA MIZAJ BADLA, AUR GOA KE STHAN PER, LUCKNOW MAI PANI BARSA.**

This Goa tour may be summarized into two phases. The first and foremost phase - Goa in itself is a tourist place and famous for Portugali Architecture and Culture. It is known as city of beaches in India and the second phase- the ISU3A National Seminar.

**On 15th Sep. 2022**, an energetic group from Lucknow flew and reached Dabolim Airport, Goa. From there the troop headed to Laxmi Empire Hotel, located at Madgaon, Goa. We all cheered up as the ambiance was good. All the troop members were allotted room on the same floor ie.5th. It was already 8.00pm, time for dinner. Having taken dinner, all went to take a rest in their cozy rooms with the imagery and excitement of the coming day.

**On 16th Sep.2022**, with utmost freshness we met one another at the dining hall for breakfast, with zeal of youngsters. We started at 10.00a.m to '**South GOA BHRAMAN**' and visited Shantidhara and Mangeshi Temple, Old Goa church / Archiological Survey of India. Here a selfie stick was purchased and throughout the tour we could capture memories in perfect manner. Almost at every point we clicked the pic and captured nature. At **BARBEQUE** Restaurant, a variety of dishes and ice cream flavors made Lunch more Delicious, added fun and surprise was Birthday Boys and Girls were offered cake to celebrate their birthday.

In the second half, we visited Miramar Beach and played with water waves and sand, with selfie stick and clicked a number of pics. From there proceed to shopping for dry fruits at Panjim, and beheld the beauty of the Old Goa Church by clicking pics, sitting on stairs and resting in the air blowing ambiance. It added to everlasting memories. The Cruise reporting timing was 8.00PM We were going to ride on OHANA cruise. The worth mentioning fact of our group was that it consisted of members from the 50s to 90s of age. In his 90s Colonel Kalra danced with zeal. All awaited Masti was done on Cruise, there was loud music, drinks, folk dances, Portuguese dances, Goan dances, Kottoyo dances and DJ dances were performed by cruise associates and travelers. The cruise was moving on waves of MANDОВI RIVER and the reflection of light in the water was making mirror images. These natural beauty scenaric images were beyond imagination. By 1.00 p.m in night we could come back to our AASIYANA at Goa, Laxmi Empire.

**On 17th Sep.2022** - The scheduled tour was of NORTH GOA. Due to the previous day's hectic schedule, having taken breakfast, by 11.00 AM, we started and reached Aguada Fort. The Beautiful ladies of the group purchased Hats that were looking great on them. With all this masti moved to Calangute Beach, bumper shopping of dry fruits was done by one and all. This day we strived for Lunch. By 3.40 PM, we found one restaurant in a less populated place, on the CALANGUTE BEACH way. Having lunch we moved to BAGA beach, one of the best beaches of Goa. It was a little bit sun-set time so we all enjoyed its beauty, horizon, greenery and ate BHUTTA. We returned to the hotel by 8.00PM. And take dinner. The first phase comes to an end and we jump to another phase of our tour.

## **SECOND PHASE OF GOA TRIP: PARTICIPATION IN SEMINAR**

On 17th September 7.30 p.m.- 9.30 p.m. an interactive meeting session was held. From Lucknow four members took life membership of ISU3A. In this session Secretary General, of ISU3A Mr. R.K. Garg welcomed the participants and introduced about the theme of seminar, Mr. Vyasmurti - Chairperson, focused on historical part of seminar to come forth with future plans, Mr. G. K. Khare enlightened about senior citizen schemes and new launches. He emphasized that the unorganized sector of senior citizens are needed to be beneficiary of government schemes. Mr. J.R.Gupta from Delhi shared the older abuse case and their rescue. The services he is rendering in India.

On 18th September at 10.30 a.m, the seminar started. There were four sessions -

- 1- Present Status of Senior Citizens: Financial, Social, Religious & Political
- 2- Help offered by Central & State Governments to the Elderly Population
- 3- Contribution of Senior Citizens in National Development
- 4- Future Strategies

In the first session Shree R.K Garg presented the statistical data regarding the status of senior citizens in India, and stated that there are several areas and issues to address the ever growing challenges. Mr. D.C.babel (C.A), Vice Chairperson (West), strong representation by senior citizens associations can force the government to accept demand not merely sending letters. Shree L.R. Garg, Vice Chairperson, (North), introspection is must, being giver is equally important as to be asker. Shree G.K. Khare, spoke on the ' National Policy of Older Persons (NPOP) 1999, several schemes of Government for senior citizens

In second session, there was presentation of papers. Shree G. K Khare, from Allahabad, he presented paper on Role of Senior Citizen in National Building and employment portal of government. Prof Avneesh Agrawal, (a renowned professor) from Lucknow, presented paper on 'Senior Citizen's Contribution for Society Welfare'. She stated that before coming into senior citizen slab persons have to be useful for society in earlier full time working age. The moral education contributes in nurturing the virtues in human-being. Employment Exchange portal is a platform where senior citizens may serve the country in their capacity best. Dr Linga Reddy stated the grass

root field work experience. Shree Vyasa Murti presided the session and enlightened by historical issues and facts of ISU3A Chapter.

In the third session Shree J.R.Gupta, Executive Chairperson, from Delhi, discussed the Implement of Supreme Court Judgment of 13th Dec.,2018. The older abuse retention - how he is serving for the cause and the needed persons seek help from him in individual capacity.

In the fourth session, points of discussion were that the schemes that are withdrawn by the Government, must be restored such as - railway concession in AC 3, 2 1; reduced interest rate on FD and savings. Etc An open session was for queries, distinct contributions by senior and insightful suggestions Shree Rakesh Chandra Agrawal, Lucknow, Smt Beena from Allahabad and others put forth their views.

An approximate 90- 100 number of participants came from different parts of India - Delhi, Hyderabad, Mumbai, Mangalore, Udaipur, Allahabad and Lucknow. The seminar proved to be grand and successful. Having Lunch by 3.00pm all troop members proceeded to the Dabolim,Goa Airport, and flew to Lucknow by Indigo Direct Flight. At 9.00 p.m reached Lucknow airport and addressed goodbye to one another having everlasting memories of BHAWANA GOA TRIP.

-V.K. Shukla  
President, BHAVANA

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