

A REPORT ON ANNUAL GENERAL MEETING OF ISU3A & SEMINAR ON “CARE GIVING”

AGM of Indian Society of U3As and a Seminar on “ Strategies of Care Giving to Elders in India” was held in 2 sessions at Rai Umanath Bali Auditorium, Lucknow on 13th Nov’2106. The Program was Hosted by Central Zone of ISU3A and Bharatiya Varishtha Nagarik Samiti (BHAVANA), Lucknow. AGM was held in pre lunch session and Seminar in post lunch. Program was Anchored by Sahitya Bhooshan Sri Deoki Nandan Shant. Delegates were treated to Breakfast on arrival along with Regn. Inaugural ceremony took place by lighting of lamp and rendition of Bhavana Anthem.

SESSION-I..... (A.G.M)

Welcome cum Keynote address was delivered by Sri A.K. Malhotra Vice Chairperson C Z and Shri V K Shukla briefed delegates on activities and Programs of Bhavana for welfare of senior citizens.

Felicitations For Outstanding Contributions:

BHAVANA & Central Zone ISU3A Felicitated 4 very senior Veterans, who have dedicated their life to service of improving the lot of elders in India. They were felicitated by Flower garlands and Shawls for their Outstanding & Distinguished contribution to the cause of Welfare and Unity of Senior Citizens. Those felicitated were: Honourable Shri R N Mital, Dr Sajjan Singh, Shri J R Gupta and Dr P Vyasmoothy.

ADDRESS OF Shri V.K. Shukla, President Bhavana .

Shri V K Shukla briefed the delegates on main services and Programs of Bhavana for welfare of Senior Citizens and upliftment of weaker and downtrodden section of society. He also highlighted the role of Bhavana, as Institutional Member in popularizing and growth of Concept of U3A in not only Central zone , but all over India. Its house journal Bhavana Sandesh regularly carries reports on

events of ISU3A and delegates from Bhavana participate in all programs of ISU3A.

HIGHLIGHTS OF THE DECISION TAKEN IN AGM OF ISU3A HELD AT LUCKNOW ON 13TH NOV., 2016

The AGM was conducted by Secretary General Dr R K Garg –

The main task which ISU3A should take in hand is Advocacy. The Society should undertake to plead the different task for the welfare of senior citizens/ elderly persons with Central as well as different State governments. We should try to persuade the Government to put the bill before parliament which is lying pending for a long time.

1. The minutes of the General Body meeting held on 20.09.2015 at Delhi and the Executive committee meetings held at Mumbai on 28th February, 2016 and Hyderabad – Secunderabad on 31st July; 2016 were read and the same were confirmed with a note that A) Out of App. 1050 members of the General only 200 can be contacted by email, we should try to get the emails of more members; B) There are three pillars of the ISU3A i.e. i) Fellowship, ii) Life long learning and iii) Community Service/ elderly care.
2. It was decided that the routine work of ISU3A shall continue to be done by ISD as is being done earlier except that the expenses shall be met within the interest received by ISU3A from its FDs in SBI, Hiran Magri, Udaipur. For this the SG is authorized to make a MOU, in case it is needed.
3. All the members were felt concerned about the pathetic conditions of the Old Age Home all over the country. It was felt that central Government should lay down a minimum Service norms for the Old Age Homes; All the Old age homes should be registered and there should be a monitoring body to look whether these norms are followed.
4. All the members felt that Dr. T.M. Dak has been associated with ISU3A for a very long time and it is impossible to think ISU3A without him as he has nurtured the Society for a very long time. It was unanimously decided that subject to his consent Dr. T.M. Dak be offered a post of Patron and this will be part of the Executive meeting.

5. The stationary like brochure and constitution of the printed by getting sponsorship by some members and the name of the sponsor should be printed on it. Sh. Dinesh Babel CA has offered that the Constitution of ISU3A be printed with his sponsorship.
6. The Society has sent proposal for the organization of 4 Seminars for the Financial help from Indian Bank; we should wait for the sanction before we finalise the dates for the Seminar.
7. It was also felt that the National and regional Seminars should be held at the places where i) the transport is very frequent and easy for the persons coming from different parts of the Country, ii) should be a religious cum tourist place so that the persons attending the Seminar can also get the benefit of pilgrimage/ tourism and the place for stay should be elderly friendly.
8. At the Local and zonal level the activities like Fellowship and welfare activities (such as eye camp, distribution of blankets, social service, helping students by providing books, etc) should be undertaken. The work should be highlighted in different News papers and News letters of the organizations which are being printed regularly. In this regard Sh. J.R. Gupta was requested to allot some space for the News of ISU3A in his news letter.
9. Shri Mital informed that in organized sector the pension of people is increasing at a rate of App. 16% per annum; at the same time the pension offered by various State Government as well as Central Government should also be revised from time to time and for this efforts should be made.
10. Shri G.K. Kahre proposed that A) The Central as well as State Government should start a helpline for elderly persons; B) Should establish National as well as State Commission for Senior Citizens and C) should have a Directorate for Se. citizens to oversee the implementation of different welfare activities of the governments.

SESSION -II: SEMINAR

Post Lunch Second session belonged to Seminar on the theme “Strategies of Care Giving to elders in India”. Chief Guest of seminar was Justice Kamleshwar Nath, Retd Judge of Allahabad High court. Key note

Address was delivered by Shri V K Shukla President of BHAVANA. Sub themes were dealt with by eminent specialists of their fields;-

1. Presentation on “Central & State Governments Initiatives for Elders’ Welfare” -- by Sri A.K. Malhotra.
2. Presentation on “Making CSR work for Elders’ Care” - By Sri R.N. Mital
3. Presentation on “Common Ailments in Elders & their Remedy” --- by Dr. P.K. Sinha, Geriatric Physician
4. Presentation on “Promotion & Protection of Human Rights” by Sri Sushil Kumar, IAS(Retd.)
5. Presentation on “Hospice & Palliative Care” by Dr. Abhishek Shukla, Head, Aastha Old Age Hospital
6. Presentation on “Spiritual Support to Elders” - by Dr. Narendra Deo, Spiritual Healer.

Speakers were honoured by presenting Mementoes. Day’s Programs came to end with Vote of Thanks by Shri A.K. Malhotra. He thanked all the delegates and Organising committee of Bhavana and Central zone members for their all out efforts in making the event interesting and successful and invited participants for Tea.
