



अखिल भारतीय वरिष्ठ नागरिक महासंघ (आईस्कॉन)

All India Senior Citizens' Confederation (AISCCON)

13th National Conference-22/23 November 2013 Indira Gandhi Pratishthan, Vibhuti Khand, Lucknow, UP

13th National Conference of All India Senior Citizens Confederation (AISCCON) was held on 22/23rd November 2013 at spacious premises of Indira Gandhi Pratishthan, Vibhuti Khand, Lucknow. The Hosts were Bhartiya Varishtha Nagrik Samiti (BHAVANA) headed by Engineer Vinod kumar Shukla. The Samiti was established in 2000 basically to serve the cause and care of aged persons and weaker section of the society. The following were the office bearers of the Conference Organising Committee.

Chairman	: Shri.V.K.Shukla
Secretary	: Shri. A.K.Malhotra
Vice Chairman	: Shri A.K.Goel.
Vice Chairman	: Shri. S.S.Saxena
Secretary Finance	: Shri. J.B.Agarwal
Treasure	: Shri R.P.Gupta
Ex Office Members	: Shri D.N.Chapke, President AISCCON Shri.Anil Kaskhedikar, Secretary General AISCCON

In addition, local Organising Committee was also formed. The members were Shri.S.D.Tiwari (Reception), Shri R.L.Gupta (Accommodation) Shri.U.B.Pande (Cultural Event), Shri S.S.Saxena (Venue and Programme Arrangements), Shri.V.C.Garg (Catering), Shri.Amar Nath (Souvenir), Shri Sumer Agarwal (Resource Mobilization), Shri. J.N.Sarin (Transportation) Shri. R.B.Gangwar (Press and Publicity), Shri.R.N.Kalra (Medical Services).

Shri Sunil Gangwal (Security Arrangement) ,Shri. V.N.Singh (Volunteers Management) Shri. J.B.Agrawal (Tours and Travels), Shri A.K.Malhotra (Registration and Website), Shri A.K.Goel (Kits and Mementos) Dr.(Miss) Avneesh Agarwal (Documentation), Shri. Arvn Kamal (Vidigraphy and photography) Shri. Deoki Nandan 'Shant' (Master of Ceremony)

The Delegation fee was decided as under:

	Early Regn. 15.9.2013	Late Reg. 15.10.2013	Late Regn After 15.10.2012
Distinguished Delegates	Rs.1500/-	Rs.1800/-	Rs.2500/-
Regular Delegates	Rs.800/-	Rs.900/-	Rs.1200/-

Later date of early Registration i.e, 15.9.2013 was extended upto 30.9.2013. 20% discount was given to BHAVANA Members and for spouses of Delegates in both Categories.

Charges for stay facility in different Hotels were as under:

- Non AC dormitory : Rs.250/ per person per day.
- Non AC Room : Rs.500/- per person per day on twin sharing basis
- AC room : 700/- per person per day on twin sharing basis

The Conference started with AISCCON flag hoisting by the President Shri. D.N.Chapke at 8.30 am. Shri Anil P.Kaskhedikar , Secretary General gave oath to the Delegates, which was repeated by the Delegates present. The Oath is as under.

मैं. (अपना नाम -----)

अखिल भारतीय वरिष्ठ नागरिक महासंघ, जिसे संक्षेप में आईस्कॉन कहा जाता है का सदस्य, सत्यनिष्ठापूर्वक शपथ लेता हूँ कि मैं अपने कीमती ज्ञान, विपुल अनुभव और बहुमूल्य कुशलता का उपयोग समाज के और खासकर वरिष्ठ नागरिकों के समग्र कल्याण के लिए करूंगा। मैं आईस्कॉन के उद्देश्यों को पूरा करने के लिए समर्पित हूँ और आईस्कॉन को देश का प्रमुख समाज सेवी संगठन बनाने का संकल्प करता हूँ।

I (Name) -----

a member of All India Senior Citizens Confederation, Known as AISCCON, solemnly pledge that I will apply my precious Knowledge, rich experience and valuable skill for the overall welfare of Society in general and senior citizens in particular. I dedicate myself to fulfill the aims and objectives of AISCCON and resolve to make AISCCON a prime Civil Society organisation of the country.

Shri.V.K.Shkla, Shri.S.S.Saxema, Shri.A.K.Malhotra etc. and many delegates were present at this time.

The Registration form was nicely designed and was self explanatory.

The Conference started with lighting of lamp by the dignitaries on the dias. Sarvashri Sudhir Bhargara, Secretray, Ministry of Social Justice and Empowerment, Govt. of India. Prof. Dinesh sharma, Hon'ble Mayor Lucknow D.N. Chapke, President AISCCON. Dr. Sujan Bhatia, Sr. Vice President, AISCCON, Anil P. Kaskhedikar, Secretary General AISCCON, Shri. Mathew Cheriam CEO HelpAge India, Shri V.K.Shukla Chairman, Conference Organising Committee, Shri. S.S.Saxena, Vice Chairman A.K.Malhotra Conference Secretary were on the dias, Behind them were seated Vice Presidents of AISCCON. The dignitaries on the dias were welcomed with bouquet of floweres by Shri. V.K. Shukla, Conference Chairman and President of BHAVANA.

Shri Deoki Nandan 'Shant' was the Master of Ceremony who made the function lively by reciting suitable Urdu couplets.

Theme song of BHAVANA was sung by the chorus led by shri Devki Nandan Shant, the composer of this song.

भावना सहयोग सेवा स्वावलम्बन से चले
भावना की राह में संकल्प का दीपक जले।

विश्व में इक मंच देने को वरिष्ठों के लिए
भावना की शान्त पलकों पे कई सपने पले।

Shri V.K.Shukla delivered the welcome speech. He welcomed the dignitaries on the dias and the delegates coming from the various parts of the coutry in this Thirteenth National Conference of AISCCON, being hosted by Bhartiya Varishtha Nagrik Samiti (BHAVANA), Lucknow. He narrated in brief the activities of Bhavana during the last 14 years. He specially thanked AISCCON for giving chance to organise this gala founction of senior citizens in this historic city of Lucknow, a centre of cultural heritage in northein India. Shri Shukla said that all arrangements have been made for the comfortable stay of the delegates and to make this Conference memorable event.

Shri Anil P.Kaskhedikar, Secretary General, AISCCON gave the report on AISCCON activities since last Conference at Thiruvananthpuram, organised successfully by Senior Citizen Service Council, Kelala. As in the earlier Conference, here too, the delegates from Maharashtra

were in large number, He appreciated the work of Federation of Senior Citizen Organizations of Maharashtra.(FESCOM).

Shri Kaskhedikar made a special reference of Shri Govind Bhaskar Paranjape, age 76 years, who came on bicycle from Sangli (Maharashtra) to Lucknow to attend the Conference. The delegates present in the auditorium gave a standing applause to Shri Paranjape for his marvelous achievement.

A Souvenir जीवन संध्या published for this occasion was released by Shri Sudhir Bhargava, Secretary, Ministry of Social Justice and Empowerment, Govt. of India. This is edited by Er. Dharma Vir Singh, Chief Editor, assisted by Shri. Santosh Prakash Mathur and Prof. Avaneesh Agarwal. Er.Amar Nath is the Editor.

A booklet published by the Federation of Senior Citizens Association of Odisha, Bhubaneshwar was also released. The initiative was of Shri.Kropasindho Sahoo, Bhubaneshwar.

Shri Kaskhedikar thanked Govt. of India for nomination of our following member in National Council of Older Persons:

Shri. R.N.Mital, Past President, AISCCON

Shri. J.R.Gupta, President, Senior Citizens Council of Delhi.

Shri.D.S.Grewal, President, Chandigarh Senior Citizens Assn.

Shri R.N.Mital, Immdt. Past President stressed the need of expanding activities of AISCCON by joining hands with likeminded organisations.

Following Awards were given by Shri.Sudhir Bhargava the Chief Guest to the winners

Award Name	Sponsors	Winner
1. Hindwa Surya Maharana Pratap Best Senior Citizen-Male- Urban.	Varishthe Nagrik Samsthan, Rajasthan	Shri Shankar Askandani, Kota.
2. Marathwada Kesari Anna Saheb Gawane Best Senior Citizen-Male-Rural	D.N.Chapke, Navi Mumbai	Shri.Jaminikant Chakraborti, Karihanda, Odisha
3. Best Senior Citizen-Female-Urban	D.Rajasekaran, Chennai	Smt.Sunita Sadashiv Jog, Dombivli Maharashtra
4. Smt. Suman Annasaheb Gavane Best Senior Citizen-Female - Rural.	D.N.Chapke, Navi Mumbai	Smt.Manjushri Trivedi, Korouna, UP
5. Best Senior Citizen Association - Urban	Chandigarh Senior Citizen Association	Jyeshth Nagrik Sewa Sanstha, Deonar Mumbai
6. Best Senior Citizen Association - Rural	Linga Reddy, Hyderabad	Varishtha Nagrik Samiti, Gaziabad. UP
7. Kalinga Award 2013 (for Enrolling maximum number of subscribers of AISCCON NEWS in 2012-13	K.S.Sahoo, Bhubaneshwar	Shri. K.Ramesh Rao, Mangalore

Shri. Sudhir Bhargava. Secretary, Department of Social Justice and Empowerment, Government of India was the Chief Guest. He said that Health and food will be guaranteed in the proposed national policy to improve the condition of senior citizens. They will be given special training for their role in development programmes. He assured that National Policy on Senior Citizens will be finalised and declared soon.

Dr.Dinesh Sharma, Hon'ble Mayor of Lucknow was the Special Guest. He advocated the need for respectful and dignified life of Senior Citizens. While Comparing Western Culture

and Indian Culture, he emphatically said that Indian Culture is the best way of life having regards for each and every member of family.

Shri Sharma said that senior citizens are the assets of our Nation. They are valuable mentor and guide to the society.

He kept the audience Spell bound by his eloquent speech. Speech of the learned Professor was liked by many delegates. He informed about many philanthropic activities of HelpAge India. Shri Mathew Cherian, CEO, HelpAge India also addressed the delegates. Shri.D.N.Chapke, President AISCCON highlighted the achievements of AISCCON over the years. He complimented Shri V.K.Shukla, Chairman Conference Organising Committee, who is also President of Bhartiya Varishtha Nagrik Samiti (BHAVANA). Dr. Sugan Bhatia, Sr. Vice President of AISCCON thanked Govt of India for their welfare activities towards senior citizens. Shri Sudhir Bhargava, Secretary, has come down to Lucknow to address a large gathering of Senior Citizens from all over the country. Shri Bhatia hoped that revised NPOP will be declared soon. He also thanked Dr.Dinesh Sharma, the First Citizen of the City of Lucknow for his matured thoughts.

The dignitaries on the dias were felicitated by offering bouquets, shawl and a beautiful memento.

The Inaugural session was over and broke for sumptuous Lunch.

Technical Session I:

Post Lunch Session was on Panel discussion on **Strategies in Caregiving to elders**. Chair Person was Shri. Mathew Cherian, Chief Executive officer of Help Age India.

Ms.Anupama Dutta of HelpAge India, New Delhi in her PowerPoint presentation, explained the dimensions of health care to Senior Citizens. Dr. Nasreen Rustomfron from Tata Institute of Social Sciences, Mumbai, addressed the Conference. She highlighted social status of Senior Citizens Dr.Alka Vyas, Vice President, AISCCON explained various health problems of seniors and justified the need for trained caregivers.

After evening tea and snacks, the audience gathered for **cultural programme**.

Dr.Khare, Professor of Kathak Dance at Lucknow presented classical dance which was much appreciated. Audio Visual depiction of the historical city of Lucknow was very much informative. Devotional Songs and gazal were liked, In short the Cultural and entertainment programme organised by BHAVANA Team was of a high standard and made the delegates happy.

Second day of the Conference, i.e Saturday the 23rd November started with Technical Session II Panel discussions were on Systems of Social Support for Elders. Key Note address was delivered by Shri.R.N.Mital, Immediate Past President, AISCCON. Shri. Mital Said that lot is required to be done for welfare of senior citizens. Crimes against Senior Citizens are under reported. Speaking on the woes of retirees of seniors from unorganised sector, Shri. Mital urged the Govt. to look into this subject seriously. Shri.Haneefa Rawther, Vice Presiden, AISCCON was the moderator, Shri. B.S. Maheshwari, Secretary General, Bharat Pensioners Samaj, New Delhi highlighted various problems of Central Govt Pensioners. He urged the Govt. of India to look into the status EPS 95 pensioners. Shri Daljit Singh Grewal, President, Chandigarh Senior Citizens Association explained various programmes implemented by them, Such as Anamika, Vanita, Vidya, Shakti, Kalpana, which are mainly for empowerment of women.

In his presentation Shri.D.Rajasekaran, Vice President AISCCON highlighted the lack of adequate member of trained Caregivers in the country and emphasised the need for running

uniform and standardised / training courses to attract service-minded youngsters to the profession.

Dr.Abha Choudhary, Chairperson, Anugraha, Delhi talked on reinventing retirement through Active Ageing. She informed about India's first Regional Resource Training Centre on Ageing, set up by Anugraha, which has conducted several research, training and skill building projects towards empowering the caregivers and elderly persons.

Dr.Abhishek Shukla, Head, Aastha, Centre for Geriatric Medicine, Palliative Care Hospital and Hospice, Lucknow gave very valuable information and enriched the knowledge of delegates. He said that senior citizens should not be neglected and they should be given full treatment. Dr.Alaknanda Bannergi, Head, Orthopedic Max Hospital New Delhi spoke on care to be ensured by senior Citizens.

Dr.P.K.Sinha, Geriatric Physician and retd. CMO Allahabad explained the need for trained care givers. Dr. Ajai Rai of Allahabad highlighted the temperament of human mind. He said that we forgot our traditions hence many sufferings. We should take care of ourselves. Shri.B.S.Maheswari of B.P.S defined the Pension as social security. There are many misconcepts about pension in the mind of general public. In Govt. and organised sector, pension is given for the past services rendered, he told.

Shri Shivpal Singh Yadav, Hon'ble Minister for PWD, Irrigation, Cooperatives and Finance, Govt of UP appreciated the efforts of AISCCON in solving the problems of senior citizens. He said he is aware of the good work being done by Bhavana at Lucknow. He was very happy to see the large gathering of seniors from all over the country. His Govt. is taking all the steps in ensuring happy and contented life of seniors in the State. He assured that Welfare and Maintenance of Parents and Senior Citizens Act. 2007 will be implemented in the State. While welcoming the Minister as our Honorable Guest in the Conference, Shri V.K. Shukla, Conference Chairman and the President of BHAVANA. humbly said that seniors are being neglected in the State. MWPSA Act 2007 has not been fully implemented in the State. More welfare measures need to be taken by the State Govt., Shri Shukla Said.

Shri. D.N.Chapke, President AISCCON thanked the Hon'ble Minister for his assurance that the demands of seniors and their difficulties will be solved.

There was **open session** after Lunch (2.30 pm to 4.30 pm) which was presided over by Shri. D.N.Chapke. Secretary General Shri. Anil P.Kaskhedikar conducted this important and useful session, since views expressed by Delegates from different parts of the country were heard. Names were invited to speak on any subject or give their suggestions for further expanding the scope of activities of AISCCON. The speakers were requested not to express any political views nor criticize the Governments. In fact the welfare activities of the Government, State or Central, are appreciated by AISCCON, Shri Kaskhedikar said in his opening remarks.

Shri.Nana Ingle, Vice President noted the views expressed by the Delegates. Each delegate was given 3 minutes for expressing views. Total 43 names were received out of then 3 were ladies.

Most significant amongst the speakers was Shri Ram Nagina Singh, a member of 15 representatives strong delegation of Nepal National Senior Citizen Federation. Dr.Gouri Shankar Lal Das, President of this Federation led the Nepal Delegation. Shri Singh is former Judge of Supreme Court of Nepal and member of National Human Right Commission, Nepal. He said that people of Nepal and India have cultural ties since many centuries. They are not alien to each other, The population of Nepal is 3 crore out of which about 22 lakhs are senior

Citizens. If we do good work, good for the society, it is righteous action or virtue (पुण्य) and If we do bad work, not beneficial to the society, it is sin (पाप), he said, Senior Citizens should earn virtue to the maximum possible extent. He voted- “परहित सरस धर्म नहीं भाई, पर पीडा सम नहीं अधमाई।” Other prominent speakers were Dr.A.K.Ahuja, Shikohabad, Sarvashri B. Om Prakash, Hyderabad D.Narula Faridabad, Mohd Yunus Pulgaon, Shyampal Singh Lucknow, J.R.Gupta Delhi, B.N.Chetty, Tarnaka, Hyderabad, Principal S.Chaudhari Punjab, Jaminee Chakraborty from Odisha. Lady members who spoke were Mrs. Sunita Jog. Dombivli, Nalini Shahane, Mumbai and Kusum Lata from Lucknow.

Shri. G.K.Khare, Allahabad gave valuable suggestions in writing We give much importance to this session, since it is direct dialogue between AISCCON and the delegates, But because of time constraint, views of all delegates, who had volunteered to give their names, could not be heard, Shri Chapke regretted. He appreciated the enthusiasm of members and their keen interest in AISCCON and Senior Citizen movement in general.

Shri. Krupasindhu Sahoo, Vice President AISCCON and President of Odisha Senior Citizens Welfare Association was congratulated for bringing an Advertisement from Allahabad Bank. He sponsored Kalinga Award and also Contributed Rs.25000/- to AISCCON work.

Shri. Ravindra Singh Bhadoria, Gwalior, Shri. Yeshwant V. Thakre Panvel, Maharashtra became the Chief Patron. Shri Madhusudan B. Kulkarni, Buldana become the Grand Patron and Shri. S.S.Tekade, Buldana became the Patron of AISCCON during the Conference.

Senior Citizen Welfare Society, Nizamabad got affiliated to AISCCON.

48 Subscribers of AISCCON NEWS were enrolled.

Valedictory Session

Shri.D.N.Chapke, Shri.V.K.Shukla Shri.A.K.Malhotra, Shri. S.S. Saxena, Shri R.N.Mital, Shri.Anil P.Kaskhedikar were an dias. Shri Kalraj Mishra, MLA Lucknow was the Chief Guest. Shri. Ajay Kumar, MLA, Allahabad was the Guest of Honour. They were welcomed by Shri. V.K.Shukla.

Shri A.K.Malhotra, Conference Secretary did moderation of Conference deliberations and told about the preparations the Organising Committee was making since 5 months. He was happy to receive positive response and word of appreciation from various delegates.

Shri Anil P. Kaskhedikar placed draft resolutions before the House for deliberation. Some of them were for follow up action on Resolutions passed in earlier Conferences. He read out the main points of the Resolutions. They were approved by the House Unanimously. A copy of the Resolutions will be sent to all concerned. Follow-up action will be initiated by AISCCON with concerned Authorities in the Government. Shri Kaskhedikar thanked the delegates who proposed and seconded the Resolutions.

Shri.Gauri Shankar Lal Das, President, National Federation of Senior Citizens Nepal was felicitated by Shri D.N.Chapke, by offering Bouquet, Shawl and memento. Conference Chairman Shri. V.K.Shukla gave bouquet and memento to all members of the Delegation. Nepal Delegation Leader reciprocated and gave memento to Shri. D.N.Chapke, Anil P.Kaskhedikar, Shri V.K.Shukla and Shri A.K.Malhotra.

Shri R.N.Mital thanked BHAVANA for hosting the 13th Continence of AISCCON successfully. He congratulated them for making this Conference also, a grand success, and memorable event.

Shri Bhanwarlal Sheth of Udaipur complimented the Organisers for arranging such a lively programme for elders. This has given moments of joy for the delegates in addition to the joy of sightseeing in and around Lucknow. He offered that next Conference be organized at Udaipur. Shri. O.P. Hinger, Organising Secretary, supported this proposal. Shri Kaskhedikar said that before we make announcement of the venue and host, some formalities have to be completed. However he thanked Shri Sheth and Shri Hingad for making this proposal.

Shri Ajay Kumar, MLA from Allahabad was very happy to be in midst of large member of elders from all over the Country. He expressed his regards to the elderly power. One must remember that everybody has to grow old and become a Senior Citizen. A man should always be on right path if he wants to be happy in later part of his life. Veteran Politician and a great thinker, Shri Kalraj Mishra, the Chief Guest of the Valedictory Function, was pleased to see such a large gathering of persons of his age. They are the moving University, abode of morality and are capable of giving unadulterated teachings to the younger generation. Shri Mishra gave compliments to the organisers for arranging such function which is a role model for similar functions by other age groups. Discipline is an essential part of our life. he said. Morality is never learnt through text books but by following the behaviour of the elders, at home or outside. Elders are the best teachers, Shri Mishra concluded.

Shri Deoki Nandan 'Shant' and his team presented musical send off on behalf of BHAVANA which was very much appreciated by the audience.

गोष्ठी दोही दिन तक चली है मगर...
उम्रभर लौ मिलन की जलेगी मगर...
सार गर्भित विचारों को हमने मथा
जाने देंगे नहीं हम ये पल यू वृथा
भावना कह रही दो दिनों की कथा
जाने देंगे नहीं हम ये पल यू वृथा।

The delegates started saying good bye to each other, packing their baggages with material received but heart full of joy and contentment. Everybody wished healthy life to each other and then in the midst of fountains of joy, Shri. Anil P.Kaskhedikar, Secretary General, AISCCON proposed Vote of Thanks to BHAVANA, the Guest Speakers, the President, Delegates and the participants and not the least the Mayor of Lucknow, and Shri. Sudhir Bhargava, Secretary Govt. of India. The Auditorium Staff cooperated very well and the sound system was excellent. The audience shouted the slogan- **Jay Jyeshtha Shakti. जय ज्येष्ठ शक्ति**

13th National Constance of AISCCON concluded with National Anthem. The flag of AISCCON which was proudly furling during the Conference was brought down.

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18/12/2013