

The Webinar on 17-7-21 from 4 pm to 6 pm. Theme

“Post Covid disorders and remedies”

Organizer: Association of Knowledge Workers, Lucknow

**Supporting Organizations: CSIR Pensioners Welfare Association,
Lucknow Management Association, IIA Lucknow chapter and BHAVNA**

Introduction: SARS-CoV-2 enters the host cell via a receptor called angiotensin-converting enzyme 2 (ACE2). The main organ affected by the virus is lung, but the virus has been found to attack other organs of the body like heart, liver and brain which also has ACE2 though in low amounts. A variety of post Covid like Brain Fog, Confusion, stroke, breathlessness, reduced lung function, cardiac disorders and more recently it has been shown that virus reaches the bones leading to severe pain in bones of affected people. Life will not be the same as it was before lockdowns. ! # Covid -19 is an infectious disease and therefore like other infectious diseases may take very long time (many years) to make society disease free. What is the solution per se ? Simple solutions go a long way. Let us treat causation rather than symptoms, the results are better and last longer. Eliminate low grade residual inflammation from nerves in particular and body in general. The presentations by the resource persons will be for 20 minutes each followed by questions. Their email address will be notified so that individuals may contact them.

Resource Persons:

Dr P.K. Seth, Moderator of the webinar: He is a Former Director of CSIR-Indian Institute of Toxicology Research and the Founder CEO of Biotech Park, Lucknow. Dr Seth is a member of International Brain Research Organization (IBRO). He is one of the founders and Past President of Indian Academy of Neurosciences. Dr. Seth has been conferred with several national and international awards and honors, including the P. C. Ray Gold Medal of Indian National Science Congress

Dr Parinita Srivastava, Homeopathy Physician, Cure Homeopathy, LDA Colony. She practices the HOLISTIC concept of healing and treatment. Her mode of treatment involves a detailed case taking, considering the three core dimensions of personal health namely – Physical, Mental and Emotional state of the patients. She has a vast experience in treating both chronic as well as acute cases for more than

a decade now. She is treating many covid patients including neurological disorders.

Prof. Pankaj Seth: is a Senior Professor and Scientist VII, Molecular and Cellular Neuroscience, Neurovirology Section National Brain Research Centre (NBRC), GOI, MANESAR, Haryana. He is trying to understand why COVID19 patients exhibit neurological symptoms as Brain Fog. His research laboratory is among the very few laboratories in the world that has developed and validated a well characterized model of primary cultures of human neural stem cells to understand brain disorders. These models developed by Prof. Seth are being used to understand molecular mechanisms of neurological deficits in HIV-1/AIDS patients, Alzheimer's and Parkinson's disease

Mr Birendra Singh, Telecom Professional, he transformed himself after serious life-threatening accident. He is Certified on Nutrition & Blood Sugar and has helped many people fix their metabolic issues by food & lifestyle intervention and is mentor to Health Passionates. He is currently based at Greater Noida and is honorary consultant for recovery of covid patients.

Prof.(Dr) Shailendra Saxena, FRCPATH (UK): Professor and Head, Center of Advanced Research, King Georges Medical University, Lucknow. His research interests are to understand the molecular mechanisms of host defense during human viral infections and to develop new predictive, preventive, and therapeutic strategies for them using JEV, HIV and emerging viruses as a model, via stem cell and cell culture technologies. He has made some pioneering observations that how Covid infects the lung and other organs. His research work has been published in various high-impact factor journals (Science, PNAS, Nature Medicine) with high citation. He has received many awards and honors in India and abroad including various Young Scientist Awards, BBSRC India Partnering Award (UK), Dr. JC Bose National Award of Department of Biotechnology, Min. of Science and Technology, Govt. of India, and he is Fellow of various internationally prestigious societies/academies including Royal College of Pathologists (UK), Royal Societies of Biology and Chemistry, London, United Kingdom, Academy of Translational Medicine Professionals, Austria, and is named as the Global Leader in Science by The Scientist magazine (USA) and International Opinion Leader/Expert involved in the vaccination for JE by IPIC (UK).

Post Covid 2.0 disorders and their remedies

Saturday, 17 July · 16:00 – 18:00

Google Meet joining info

Video call link: <https://meet.google.com/gvv-gozs-sxa>

Schedule of the webinar

Webinar Schedule

16.00 hrs. Welcome Mr. Dileep Kumar

16.05 . Post Covid Neurological disorders- Prof.Pankaj Seth

**16.25. Homeopathic Remedies for Post Covid Disorders-
Dr.Parnika Srivastva)**

16,45 Post Covid multi organ disorders- Prof.Shailendra Saxsena

**17.05 Life Style and Nutrition in preventing post Covid Disorders-
Mr.Birendra Singh**

17.30 Interactive session

17.45 Concluding remark by the moderator- Prof. P.K Seth

17,55. Vote of thanks Rakesh Shukla, Secretary CPWA

18.00 Close of the Webinar

